

REGINA CHIROPRACTIC BACK SCHOOL

1-3420A Hill Avenue, Regina, Saskatchewan S4S 0W9

April 27, 1990

Dr. Scott Donkin
P.O. Box 6001
Lincoln, Nebraska
USA
68506

Dear Dr. Donkin,

I am writing to you in regards to your excellent book "Sitting on the Job", which I found to be extremely well done and very informative.

I am a Chairperson of a committee which was developed by the Chiropractors Association of Saskatchewan in Canada to develop a Back School in two major cities in Saskatchewan. The premise of the Back School was to involve the Chiropractors in the community to work collectively to educate the public. Although there have been many Back Schools developed in North America, we wanted to design a program which was uniquely chiropractic. This program was designed for three main purposes: 1) to get chiropractors together as a cohesive body in the community to promote back care 2) to improve the working relationships of chiropractors in a community by lecturing and promoting the Back School together 3) to develop a Back School program unique to chiropractors which promotes a health lifestyle; including diet, good spinal mechanics and exercise.

A committee was formed and I was chosen as chairperson because of my interest in promoting public awareness with regards to prevention of back injuries. We developed the Back School Program which includes a comprehensive rehabilitation exercise program, Back Tips brochure, Walking Program, evaluation form, slides and lecture manual. The Program was designed from many different Back School models including: Hamilton Hall, in Canada, University of Saskatchewan Back School in Saskatoon, a number of Back Schools which I had viewed at the American Back Society Seminars and from original material written by Chiropractors such as yourself. Although the body of the Back School Program has not been taken from any one source, we have used approximately 20 slides out of 160 slides were used from your book. The Back School is the property of Chiropractors Association of Saskatchewan and the Regina and Area Chiropractic Society. It is a non-profit organization and any money received from the sale of the Back School will go into improving the Back School product and Spinal Research in Saskatchewan and Canada.

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The slides used in the Back School as taken from your book are as follows: pg. 14 figure 1-13, pg. 17 figure 2-2, pg. 19 figure 2-4, pg. 23 figure 2-8, pg 24 figure 2-9, pg 38 figure 3-3, pg. 39 figure 3-4, pg. 63 figure 4-24, pg. 70 figure 5-1, pg. 72 figure 5-3, pg. 110 figure 7-3, pg. 111 figure 7-4, pg. 112 figure 7-5. pg. 114 figure 7-7, pg. 115 figure 7-8.

We have a slide and bibliography in the manual which credits yourself and other material which was used for the Back School program. Since this is a non-profit organization and we are striving to improve the public relations of chiropractic, I hope we can have your written approval to use these slides and if possible a few more slides from your book "Sitting on the Job".

I would like to thank you for your consideration in this matter and I will look forward to your thoughts regarding this project.

With best wishes,

Yours Truly,



G.D. Chadwick D.C.
GDC/lg