



LINCOLN ELECTRIC SYSTEM

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March 11, 1986

Dr. Scott Donkin
Rohrs Chiropractic Center
2640 'E' Street
Lincoln, NE 68510

Dear Dr. Donkin,

The Lincoln Electric System Safety Committee would like to take this opportunity to thank you again for your presentation at our February office Safety Meeting.

Your slide show presentation "hit home" for many of those attending as they saw themselves in many instances.

Like most people, we have developed many of the bad sitting and standing habits shown in the presentation and many commented on seeing themselves in those slides. Also, arranging your workstation according to the things you use the most caught the attention of many of those present. Many commented that their workstation(s) were just the opposite of what they should be and they never thought about it until it was brought to their attention by the slide presentation.

The simple exercises that can be done at one's workstation was very helpful. Basically we all just need to get in the habit of doing them everyday and actually seeing the results.

Again, like most people we are creatures of habit, some bad, some good. Your presentation definitely brought to our attention what kind of affects long time bad habits can cause.

Sincerely,

LINCOLN ELECTRIC SYSTEM

A handwritten signature in blue ink that reads "Kerry Jones".

Kerry Jones
Secretary, Safety Committee

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