



April 30, 2014

Scott:

I wanted to take a moment to thank you for the presentation to our WorkWell members on workplace ergonomics and sitting smarter. Our members were very pleased and very engaged in your presentation. Having all of our members go through the act of positioning their bodies to sit correctly was excellent. The majority of our members have never been taught how to sit correctly, adjust their postures, or do many of the items you suggested in your presentation. There were several aha' moments in the room during and after your presentation. Several of our members will be taking this information back to their businesses and sharing it with their colleagues, wellness and safety teams, and family members. You made a great impact on the health and well-being of our members and their workforces today! We are very thankful for your expertise and support. We look forward to working with you again.

Thank you.

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